



Ephesians: “New Life//New Purity”

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Text: Ephesians 5:3-14

Main Point: Since you have received new life through the person and work of Jesus Christ, and have been brought from darkness into light, now walk as children of the light with regard to your sexuality.

Key Ideas:

1. The Put Off

- We are to put off any hint of sexual immorality and impurity in our lives - in our actions, thoughts and words.

2. The Put On

- We are to put on thanksgiving. Sexual immorality and impurity is driven by covetousness.
- Covetousness is a deep, discontented craving for what you don't have and weren't and to have, that can dominate our lives and cause us to go looking for satisfaction outside of God's good plan and will.

3. The Reason?

- We are no longer in darkness, but through Christ have been made light, therefore we are to walk as children of the light.

Application Questions

1. Ephesians 5:3 tells us that “*sexual immorality and all impurity...must not even be named among you.*” The NIV says, “*there must not be even a hint of sexual immorality, or of any kind of impurity...*” Where is there a hint of sexual sin in your actions, your thoughts or your words that you need to get rid of?
2. Which of the following do you most need to do?
 - a. Identity the deceptive lies you believe about sexual sin (v. 6). Memorize Scripture to combat these lies.
 - b. Cultivate thankfulness for where God has placed you and what God has given you (v. 4).
 - c. Remove sexual temptations (relationships, technology or media) from your life (v. 7).
 - d. Walk in the light and confess your sin to a trusted brother or sister (v. 8).
 - e. Make it your aim to please God by walking in love toward one another (v. 10).
 - f. Cry out to God for mercy and help (v. 14).
3. Why and how is the gospel both the reason or motivation for us to change in this area, and also the power to change?